

General Cardiology webinar on Navigating the identification, diagnosis and management of pulmonary hypertension using the updated ESC guidelines

Correct answers to the pre and post test can be found below (in red).

- 1) Pulmonary Hypertension (PH) due to Left Heart Disease is defined as:
 - a. Mean Pulmonary Artery Pressure (PAPm) ≥ 15mmHg and Pulmonary Capillary Wedge Pressure (PCWP) ≥ 25mmHg
 - b. PAPm ≥ 25mmHg and PCWP>15mmHg
 - c. PAPm ≥25mmHg and PCWP ≤ 25mmHg
 - d. PAPm ≥50mmHg and Pulmonary Vascular Resistance (PVR) < 3 Wood units
 - e. PAPm ≤ 25mmHg and PVR > 3 Wood Units
- 2) In a patient with intermediate probability of PH based on transthoracic echocardiography:
 - a. In the absence of risk factors for PH alternative diagnoses should be considered instead of echo follow up
 - b. In the absence of risk factors for PH, Right Heart Catheterisation (RHC) is a Class 1 recommendation
 - c. In the presence of risk factors RHC is recommended (IIa)
 - d. In the presence of risk factors the echo should be repeated immediately
 - e. Trans oesophageal echo should be considered
- 3) When undertaking RHC in suspected PAH
 - a. Cardiac Output should be measured by thermodilution in preference to the Fick method
 - b. PCWP may be elevated by the use of diuretics
 - c. PCWP oxygen saturation should be within 10% of systemic saturation
 - d. PVR < 3 Wood units is required for the diagnosis of PAH
 - e. Vasoreactivity testing should be undertaken in suspected chronic thromboembolic PH
- 4) Anticoagulation is a IIb recommendation for PAH patients with:
 - a. Chronic Thromboembolic PH
 - b. Female patients over 65 with diastolic heart failure and atrial fibrillation.
 - c. Idiopathic PAH
 - d. PAH due to scleroderma
 - e. PH due to mitral stenosis with left atrial diameter 55mmHg
- 5) Which of the following treatments are a Class I indication in a patient with PAH and clinically high risk (NYHA/WHO Functional Class IV
 - a. Ambrisentan
 - b. Diltiazem
 - c. Epoprostenol
 - d. Selexipaq
 - e. Warfarin